



# WEST METRO LEARNING CONNECTIONS, INC.

Developing Social Understanding & Skills Since 2001



## AUGUST 13<sup>TH</sup> SLEEPOVER!

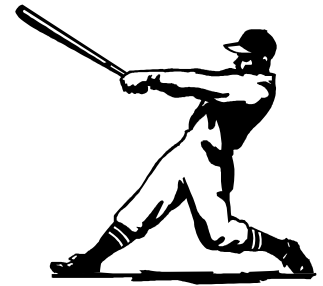
\*\*Remember to Dress Appropriately for the Activity and to Bring Necessary items.

### *St. Paul Saints Game*

Friday – 5:00pm – 10:00am @ WMLC Excelsior

Join us this Friday at West Metro for a night of fun and friends!

First we will have a little free time to socialize with friends, put our things in our rooms, and get ourselves ready for the night. At about 6:00, we will drive over to St. Paul to watch a baseball game featuring the St. Paul Saints and the Lincoln Saltdogs. There are many concession stands at the game that offer items like hot dogs, chicken tenders, pizza, and walking tacos that we can purchase for supper.



When we return to WMLC after the baseball game, it will likely be time to get ready to catch some Zzzzz's.



We may also have a little free time for games or movies at the center that night (dependent on the time), and we will for sure have time to hang out with our friends in the morning after we eat a tasty breakfast and pack up our things.

**Outing Goals:** Shared enjoyment by visually referencing and participating with a group, self-advocacy and recognizing when a break is needed, waiting in lines and taking turns when making choices, reciprocal conversation relevant to activities, visual referencing to keep track of the group, independence and responsibility

**Outing Cost:** \$170 (\$150 if registered before June 18)

**Therapeutic Recreation Expenses:** \$20 - \$25 (\$8 admission, \$10-\$15 food at the Saints game, \$2 breakfast)

**Items to Bring:** Sleeping Bag, Pillow, Toothbrush

**Optional Items to Bring:** Games

Please email Shayna at [sswanson@wmlc.biz](mailto:sswanson@wmlc.biz) to register for the sleepover.