

# West Metro Learning Connections, Inc.

## Fall 2018 Social Skills Therapy Registration Form



September 10, 2018 - November 11, 2018 (No classes October 15 - 20 - Fall Break)

To register, return this form to Mary Wyatt by: Email at [mwyatt@wmlc.biz](mailto:mwyatt@wmlc.biz) | Fax at (952) 474 - 0249 | Phone (952) 474-0227 Ext. 204

Please check this box if your information has changed

ClientName: \_\_\_\_\_ Parent(s)Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address(s): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone(s): \_\_\_\_\_

Course Title	Day	Time	Tuition	1:1 Support (\$20/hr)
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
<i>See Course Schedule on the back of this page.</i>				

A credit card convenience fee of 2.5% will be added to the invoice total if paying by credit card.

Has anything changed since the last time your child attended? (**Medications, Allergies, Behaviors, Goals, etc.**):

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\_\_\_\_\_

Billing/Payment Information: (Payment Due by the first day of class)

Bill To:  Parent/Guardian  Fiscal Agency  County  School

Agency Name: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

I/We, the parents/guardians of \_\_\_\_\_, hereby consent to his/her participation in West Metro Learning Connections, Inc. (WMLC) programming. I/We further agree to release and hold harmless WMLC and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by WMLC's policies as laid out in the client handbook and accept financial responsibility for the course(s)/activities for which I/We have registered.

Parent/Guardian Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

Excelsior Center

355 2nd Street Excelsior, MN 55331 Ph (952) 474-0227

[info@wmlc.biz](mailto:info@wmlc.biz)

[www.wmlc.biz](http://www.wmlc.biz)

# West Metro Learning Connections, Inc. Fall 2018 Social Skills Therapy Course Offerings

Each course incorporates a variety of lesson activities using visual cues, social stories, role-play activities, therapeutic social skill games, video-based curriculum, youth social skills literature, and many more specially created lessons and materials.

## Preschool & Elementary

### FRIENDS & FEELINGS II & III

Participants focus on understanding their feelings and emotions and how to apply that knowledge to understanding emotions of others. They learn how the varied emotions effect friendships, to identify how a friend feels and demonstrate a pro-social response.

FF II	Saturday	9:15am - 11:15am	\$1090
FF III	Saturday	9:45am - 11:15am	\$850

### MANAGING ANXIETY AND STRESS I

"Managing Anxiety and Stress I" helps participants recognize stress and anxiety signals, varying degrees of stress, how to manage those feelings through relaxation techniques, how to advocate for themselves when they need a break, develop confidence and feelings of optimism and an understanding that stress and anxiety is experienced in a variety of ways.

MAAS I	Saturday	9:00am - 11:00am	\$1090
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### MOVING ON WITH FRIENDSHIP III

For those with basic competency of friendship skills in less structured settings, this course teaches problem-solving, empathy, perspective-taking, dealing with bullies, non-verbal communication, hidden and unwritten rules of friendship, and more.

MOWF III	Monday	4:45pm - 6:45pm	\$1090
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### FITTING IN AT SCHOOL I

What are the skills teachers expect from students? This course addresses the skills that teachers expect from their students: social language and thinking, as well as effective communication and rule following. This course helps build the basics such as asking for help, listening, understanding, and following written and unwritten rules, and more.

FIAS I	Saturday	11:45am - 1:45pm	\$1090
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### SLEEPOVERS (AGES 8+)

Saturday September 22, 2018	5:00pm - 10:00am	\$195 + Admission Fees	Outing: TBD
Saturday October 13, 2018	5:00pm - 10:00am	\$195 + Admission Fees	Outing: TBD
Saturday November 3, 2018	5:00pm - 10:00am	\$195 + Admission Fees	Outing: TBD

## Tweens, Teens & Young Adults

For all YAG, TTTR & KCNC groups the activity fees are included in the cost of the tuition. If ETC, and Meet & Mingle groups have an activity fee the participant should bring the fee with them each night.

### PEER RELATIONSHIPS I

This course is ideal for the child/teen in need of practice dealing with both friendly and non-friendly peers. Responsibilities of self and peers are explored as well as relationship maintenance, conversation skills, sarcasm, conflict and more.

Kids Chat 'N Chill: PR I	Saturday	12:00pm - 3:00pm	\$1640
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### SOCIAL BOUNDARIES AND SELF-MANAGEMENT III & IV

Based on Kari Dunn Buron's, A 5 Is Against the Law, "Social Boundaries and Self-Management," addresses areas of social cognition and skills, perspective-taking, and self-related issues to enhance opportunities for finding friends, fitting in socially, developing relationships, avoiding and resolving conflicts, and learning more about self and others. Each week will include an interactive lesson and personal reflection and planning for talking and behaving and understanding and maintaining boundaries in ways that make a good impression and enhance friendship opportunities and also avoid misunderstandings, social mistakes, and trouble.

Young Adults Group: SBSM III	Saturday	12:00pm - 4:00pm	\$2100
Teens Talk Teens Rock: SBSM IV	Friday	5:00pm - 9:00pm	\$2100

### STRAIGHTFORWARD STRATEGIES I

Designed for the young adult who has had some experience with life skills and wants to delve deeper into more mature topics. The focus of this course is to help motivate and empower students in day to day social decision making. Topics range from making a good impression, to bullying, to handling change, and to talking to the opposite sex and romantic relationships. This class will supply useful devices in social situations which will continue to guide and build straightforward strategies for the young adult.

Teens Talk Teens Rock: SFSI	Friday	5:00pm - 9:00pm	\$2100
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### MEET & MINGLE

This is a course for high school graduates up to the age of 30. This group is completely driven by participant ideas and plans and requires a WMLC staff recommendation to join. This group offers a great opportunity for skill growth in a mature and collaborative environment.

Young Adults Group: M & M	Friday	5:30pm - 9:30pm	\$960
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