

West Metro Learning Connections, Inc.



2019 Social Skills Therapy Registration Form



To register, return this form to Mary Wyatt by: Email at mwyatt@wmlc.biz | Fax at (952) 474 - 0249 | Phone (952) 474-0227 Ext. 204

Please check this box if your information has changed

Client Name: _____ Parent(s) Name(s): _____

Address: _____ City: _____ Zip: _____

E-mail Address(s): _____

Home Phone: _____ Cell Phone(s): _____

Course Title	Day	Time	Tuition	1:1 Support (\$20/hr)
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
<i>See Course Schedule on the back of this page.</i>				

A credit card convenience fee of 2.5% will be added to the invoice total if paying by credit card.

Has anything changed since the last time your child attended? (**Medications, Allergies, Behaviors, Goals, etc.**):

Billing/Payment Information: (Payment Due by the first day of class)

Bill To: Parent/Guardian Fiscal Agency County School

Agency Name: _____ Contact Name: _____

Address: _____

E-mail Address: _____ Phone: _____

I/We, the parents/guardians of _____, hereby consent to his/her participation in West Metro Learning Connections, Inc. (WMLC) programming. I/We further agree to release and hold harmless WMLC and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by WMLC's policies as laid out in the client handbook and accept financial responsibility for the course(s)/activities for which I/We have registered.

Parent/Guardian Signature (required) _____ Date _____

Excelsior Center

355 2nd Street Excelsior, MN 55331 Ph (952) 474-0227

info@wmlc.biz

www.wmlc.biz

West Metro Learning Connections, Inc. Spring 2019 Social Skills Therapy Course Offerings

Each course incorporates a variety of lesson activities using visual cues, social stories, role-play activities, therapeutic social skill games, video-based curriculum, youth social skills literature, and many more specially created lessons and materials.

Preschool & Elementary

BRIDGING FRIENDSHIPS II

This course is for preschool to early elementary aged children. It features direct instruction of beginning social and play skills for social success and West Metro's Guided Play & Reinforcement time to practice play skills in a facilitated environment. Participants will have fun while learning skills and increasing basic communication and interaction skills. Participants will practice introducing oneself, greeting others, inviting others to play, joining others in play, sharing, listening, being a good sport, and developing motivation for approaching others to join in play.

BF II	Saturday	9:45am - 11:15am	\$850
-------	----------	------------------	-------

MANAGING ANXIETY AND STRESS IN THE COMMUNITY

This course builds upon knowledge and techniques practiced during Managing Anxiety and Stress I & II. It focuses on helping participants understand one's own triggers for stress, anxiety, and anger. They learn about the topic of self-control and a variety of self-management techniques and whichever system of relaxation best suits them. Skills for positive self-talk are developed in addition to their understanding of power over negativity. Participants learn and practice the skills through direct teaching, videos, stories, visual skill steps, role-play, and guided play activities. The "In the Community" portion then reinforces social thinking in a more naturalized setting. This format helps promote transfer and generalization of important social thinking skills as each community outing provides the next level of practice for the skills they have worked on in the classroom setting.

MAAS ITC	Saturday	9:00am - 11:00am	\$1090
----------	----------	------------------	--------

GETTING ALONG WITH FRIENDSHIP II

Placing greater focus on personal relationship development, this course adds a visual element to friendship development by introducing friendship "seeds" and friendship "be-gones" (behaviors that may "zap" potential friendships), providing a new way to look at friendship behaviors. Participants will develop their personal definitions of friend, recognize their personal strengths and deficits in the friendship making arena, and set a personal goal for improving their friendship making skills. Finally, the group will develop a repertoire of friendship activities and a band of vocabulary words to use to foster friendships.

GAWF II	Saturday	9:15am - 11:15am	\$1090
---------	----------	------------------	--------

FITTING IN AT SCHOOL III

This class reinforces and builds upon "Fitting in at School I and II". What are the skills teachers expect from students? Participants will review and learn new unwritten rules and expectations for school including entering a classroom when others are already working, the importance of doing well and working hard, accepting mistakes, defining and demonstrating respect and tolerance, and learning ways to identify and boost self-confidence.

FIAS III	Saturday	11:45am - 1:45pm	\$1090
----------	----------	------------------	--------

MAKE-UP CLASSES

KCNC/TTTR/YAG	Monday	4:00pm - 5:00pm	May 13, 2019
Pre-School & Elem.	Monday	4:00pm - 5:00pm	May 13, 2019

Tweens, Teens & Young Adults

For all YAG, TTTR & KCNC groups the activity fees are included in the cost of the tuition. If ETC, and Meet & Mingle groups have an activity fee the participant should bring the fee with them each night.

UNWRITTEN RULES OF SOCIAL RELATIONSHIPS II

This is a two-part course for teens that are ready to develop a broader understanding of the social world. In this curriculum we will discuss The Ten Unwritten Rules of Social Relationships as they are explored in the book, written by Dr. Temple Grandin and Sean Barron. Some of the topics explored will include the idea that rules are not absolute, everyone makes mistakes, and honesty is not the same as diplomacy.

Kids Chat 'N Chill: URSR II	Saturday	12:00pm - 3:00pm	\$1640
-----------------------------	----------	------------------	--------

CONVERSATIONS IN THE COMMUNITY II

This course increases meaning and motivation for becoming effective communicators as well as increases and improves basic communication and interaction skills by developing and expanding competencies in all social language skills, verbal and nonverbal, expressive and receptive, literal and interpretive. It is based on activities and research from various social skill curricula including: Room 14 curriculum (Linguistics), Jed Baker Social Skills Training (APC), Social Star (Thinking Publications), and a handbook written by Debra Schipper which includes peer and adult greeting styles, introducing self and others, starting, maintaining and ending conversations, conversational manners, and a wide variety of "hidden language" and other nonverbal communication skills.

Young Adults Group: CITC II	Saturday	12:00pm - 4:00pm	\$2100
-----------------------------	----------	------------------	--------

FORMULA'S FOR SOCIAL SUCCESS I

This course focuses on the core of social success-honoring others' perspectives. Both the skills and motivation necessary to do so are developed with a focus on making good impressions, establishing a positive reputation, thinking of others and recognizing what others think of them as well as respect for authority and self.

Teens Talk Teens Rock: FFSS I	Friday	5:00pm - 9:00pm	\$2100
-------------------------------	--------	-----------------	--------

MEET & MINGLE

This is a course for high school graduates up to the age of 30. This group is completely driven by participant ideas and plans and requires a WMLC staff recommendation to join. This group offers a great opportunity for skill growth in a mature and collaborative environment.

Young Adults Group: M & M	Friday	5:30pm - 9:30pm	\$1080
---------------------------	--------	-----------------	--------

SLEEPOVERS (AGES 8+)

Saturdays 5pm - Sundays 10am

March 16-17, 2019	\$195 + Outing Fee	Outing: TBD
April 13-14, 2019	\$195 + Outing Fee	Outing: TBD
May 4-5, 2019	\$195 + Outing Fee	Outing: TBD