

# West Metro Learning Connections, Inc.

## Winter 2019 Social Skills Therapy Registration Form



December 2, 2019 - February 15, 2020 (No classes December 16 - January 4, Winter Break)

To register, return this form to Mary Wyatt by: email at mwyatt@wmlc.biz | fax at (952) 474 - 0249 | Phone (952) 474-0227 Ext. 204

ClientName: \_\_\_\_\_ Parent(s)Name(s): \_\_\_\_\_

E-mail Address(s): \_\_\_\_\_

Course Title/Activity	Day	Time	Tuition	1:1 Support (\$20/hr)
				Y/N @ ____ hrs x \$20/hr = _____
				Y/N @ ____ hrs x \$20/hr = _____
				Y/N @ ____ hrs x \$20/hr = _____
				Y/N @ ____ hrs x \$20/hr = _____
				Y/N @ ____ hrs x \$20/hr = _____
<i>See Course Schedule on the back of this page.</i>				

Has anything changed since the last time your child attended? (**Medications, Allergies, Dietary Restrictions, Behaviors, Goals, etc.**):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Billing/Payment Information:

(Payment Due by the first day of class)

Sibling Discount  
(5% ea. Child)

Multi-Class Discount  
(10% of Lowest Cost Group)

Bill To:  Parent/Guardian  Fiscal Agency  County  School

Agency Name: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Billing Instructions: \_\_\_\_\_

A credit card convenience fee of 2.5% will be added to the invoice total if paying by credit card.

Totals

Social Skills: \$ \_\_\_\_\_ Sleepover 1:1/Fees: \$ \_\_\_\_\_  
 Social Skills 1:1: \$ \_\_\_\_\_ Other: \$ \_\_\_\_\_  
 Sleepovers: \$ \_\_\_\_\_ **Total:** \$ \_\_\_\_\_

I/We, the parents/guardians of \_\_\_\_\_, hereby consent to his/her participation in West Metro Learning Connections, Inc. (WMLC) programming. I/We further agree to release and hold harmless WMLC and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by WMLC's policies as laid out in the client handbook and accept financial responsibility for the course(s)/activities for which I/We have registered.

Parent/Guardian Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

# Winter 2019 Social Skills Therapy Course Offerings

December 2, 2019 - February 15, 2020 (No classes December 16 - January 4, Winter Break)

Each course incorporates a variety of lesson activities using visual cues, social stories, role-plays, therapeutic games, video-based curriculum, youth social skills literature and many more specially created materials.

## Preschool & Elementary

### DEVELOPING FRIENDSHIPS THROUGH PLAY I

Through the use of symbolic and pretend play, demonstration, modeling, and practice, participants' positive social communication and interaction increase, transfer, and generalize; resulting in academic and social success.

**DFTP I** | **Saturday** | **12pm - 1:30pm** | **\$850**

### CATCHING ON TO GETTING ALONG II

This is WMLC's flagship course that both parents and teachers laud as the catalyst for children's ongoing social success. Social understanding is the core of the class with concepts like introductions, play, offering help, compliments and apologies being taught and practiced weekly.

**COTGA II** | **Saturday** | **9:15am - 11:15am** | **\$1090**

### FITTING IN AT SCHOOL II

What are the skills teachers expect from students? This course addresses the skills that teachers expect from their students: social language and thinking, as well as effective communication and rule following. This course helps build the basics such as asking for help, listening, understanding, and following written and unwritten rules, and more.

**FIAS II** | **Saturday** | **9:00am - 11:00am** | **\$1090**

### MANAGING ANXIETY AND STRESS I

Participants will learn to recognize and manage anxiety and stress through awareness of their personal signs and triggers. This course will explore beginning cognitive and behavioral strategies, and relaxation tools that work to develop their confidence by learning and practicing appropriate behavioral responses.

**MAAS I** | **Thursday** | **5:00pm - 7:00pm** | **\$1090**

### MOVING ON WITH FRIENDSHIP III

For those with basic competency of friendship skills in less structured settings, this course teaches problem-solving, empathy, perspective-taking, dealing with bullies, non-verbal communication, hidden and unwritten rules of friendship, and more.

**MOWF III** | **Saturday** | **9:30am - 11:30am** | **\$1090**

### SOCIAL UNDERSTANDING AND SELF-MANAGEMENT II

This course addresses areas of social cognition and skills, perspective-taking, social appropriateness, and social boundaries. Participants will become very familiar with the idiom "Put Yourself in Someone Else's Shoes" and how to do so in a variety of situations. Participants will also use the 5-Point Scale to examine the social appropriateness of their behaviors.

**SUSM II** | **Tuesday** | **4:00pm - 6:00pm** | **\$1090**

### SLEEPOVERS (AGES 8+)

Saturdays 5pm - Sundays 10am

Dec. 7-8, 2019	\$195 + Outing Fee	Outing: Disney on Ice
Jan. 18-19, 2020	\$195 + Outing Fee	Outing: MN Magicians Hockey Game
Feb. 8-9, 2020	\$195 + Outing Fee	Outing: TBD

## Tweens, Teens & Young Adults

For all tweens, teens and young adult groups the activity fees are included in the cost of the tuition.

### ASD IN THE PUBLIC EYE I

This course explores the media's various depictions of people with Autism Spectrum Disorders (ASD). This course focuses on examples of how ASD is portrayed on TV, movies, and a variety of other media sources in an attempt to consider ASD from the perspective of the "Public Eye." The discussion intensive format of the class encourages a greater sense of self-awareness and perspective taking.

**Teens Talk Teens Rock: AIPE I** | **Thursday** | **5:00pm - 8:00pm** | **\$1640**

### FORMULAS FOR SOCIAL SUCCESS II

This course focuses on the core of social success-honoring others' perspectives. Both the skills and motivation necessary to do so, are developed with a focus on making good impressions, establishing a positive reputation, thinking of others, what others think of them and respect for authority and self.

**Young Adults Group: FFSS II** | **Saturday** | **12:15pm - 4:15pm** | **\$2100**

### STRAIGHT-FORWARD STRATEGIES I

Designed for the young adult who has had some experience with life skills and wants to delve deeper into more mature topics. The focus of this course is to help motivate and empower students in day to day social decision making. Topics range from making a good impression, to bullying, to handling change, and to talking to the opposite sex and romantic relationships. This class will supply useful devices in social situations which will continue to guide and build straightforward strategies for the young adult.

**Kids Chat n' Chill: SFS I** | **Saturday** | **12:30pm - 3:30pm** | **\$1640**

### SOCIAL BOUNDARIES AND SELF-MANAGEMENT III

Adapted from Kari Dunn Buron's A 5 is Against the Law! book and including Michelle Garcia Winner's work, this dynamic course facilitates dramatic changes in social and behavioral success by providing a framework that guides social thinking, self-management, perspective taking, and vital unwritten social expectations and rules.

**Teens Talk Teens Rock: SBSM III** | **Friday** | **5:00pm - 9:00pm** | **\$2100**

### MANAGING ANXIETY AND STRESS FOR MIDDLE SCHOOL I

Participants will expand their insight and ability to recognize and manage anxiety and stress through awareness of their personal signs and triggers. Focusing on situations and stressors specific to middle schoolers, this course will explore a wide variety of cognitive and behavioral strategies, and relaxation techniques that work to develop confidence, while strengthening their ability to enter situations with assurance that they will prevail with healthy emotional and behavioral responses.

**Kids Chat n' Chill: MASMS I** | **Monday** | **5:00pm - 8:00pm** | **\$1640**

### MEET & MINGLE

This group is designed for high school graduates up to the age of 30. It is completely driven by participant ideas and plans and requires a West Metro staff recommendation to join. This group offers a great opportunity for skill growth in a mature and collaborative environment.

**Meet & Mingle** | **Friday** | **5:00pm - 9:00pm** | **\$1080**

*Job Coaching, Academic Tutoring & Individualized Programming Available!*

Contact Mary Wyatt for more information at [mwyatt@wmlc.biz](mailto:mwyatt@wmlc.biz) or (952) 474-0227 ext. 204