

# West Metro Learning Connections, Inc.

## Summer 2019 Social Skills Therapy Registration Form



June 17 - August 15, 2018 (No classes July 1 - 5)

To register, return this form to Mary Wyatt by: email at mwyatt@wmlc.biz | fax at (952) 474 - 0249 | Phone (952) 474-0227 Ext. 204

Client Name: \_\_\_\_\_ Parent(s) Name(s): \_\_\_\_\_

E-mail Address(s): \_\_\_\_\_

Course Title/Activity	Day	Time	Tuition	1:1 Support (\$20/hr)
				Y/N @ ____ hrs x \$20/hr = _____
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
				Y/N @ ____ hrs
<i>See Course Schedule on the back of this page.</i>				

Has anything changed since the last time your child attended? (**Medications, Allergies, Dietary Restrictions, Behaviors, Goals, etc.**):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Billing/Payment Information:

(Payment Due by the first day of class)

Sibling Discount (5%ea.)

Multi-Class Discount  
(10% of Lowest Cost Group)

Bill To:  Parent/Guardian  Fiscal Agency  County  School

Agency Name: \_\_\_\_\_ Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Billing Instructions: \_\_\_\_\_

A credit card convenience fee of 2.5% will be added to the invoice total if paying by credit card.

	<u>Totals</u>		
Social Skills:	\$ _____	Other:	\$ _____
Social Skills 1:1:	\$ _____	<b>Total:</b>	\$ _____

*(If also registering for Day Camp, FEA's or sleepovers the above total should be inserted into the "social skills" line on that registration form when calculating the final total for the client's summer programming.)*

I/We, the parents/guardians of \_\_\_\_\_, hereby consent to his/her participation in West Metro Learning Connections, Inc. (WMLC) programming. I/We further agree to release and hold harmless WMLC and the employees, agents and assigns from all liability or expenses arising out of any incident involving, or any account of any injury to the above named minor in connection with this program. I/We further consent to treatment by emergency personnel in the event of injury to, or illness of our child during his/her participation in this program. I/We accept full responsibility for all costs for any such emergency treatment. I/We agree to abide by WMLC's policies as laid out in the client handbook and accept financial responsibility for the course(s)/activities for which I/We have registered.

Parent/Guardian Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

# Summer 2019 Social Skills Therapy Course Offerings

June 17 - August 15, 2018 (No classes July 1 - 5)

## Preschool & Elementary

### BUILDING FRIENDSHIPS THROUGH PLAY I & II

This course teaches friendship development skills of greeting, sharing, joining in, asking someone to play, and cooperating while guiding the client from functional play to pretend play.

**BFTP I & II** | **Wed. & Thurs.** | **1:00pm - 2:30pm** | **\$1700**

### FRIENDS & FEELINGS I & II

This course begins working with perspective taking, problem solving, and beginning conversation skills with a continued focus on interactive play.

**FF I & II** | **Mon. & Tues.** | **1:00pm - 2:30pm** | **\$1700**

### CATCHING ON TO GETTING ALONG I & II

This is WMLC's flagship course that both parents and teachers laud as the catalyst for children's ongoing social success. Social understanding is the core of the class with concepts like introductions, play, offering help, compliments and apologies being taught and practiced weekly.

**COTGA I & II** | **Wed. & Thurs.** | **9:30am - 11:30am** | **\$2180**

### GETTING ALONG WITH FRIENDSHIP I & II

This course teaches children to frame relationships through thoughts and behaviors. Meeting, making and keeping new friends are at the core of this popular course.

**GAWF I & II** | **Mon. & Tues.** | **9:30am - 11:30am** | **\$2180**

**GAWF I & II** | **Wed. & Thurs.** | **1:00pm - 3:00pm** | **\$2180**

### MANAGING ANXIETY AND STRESS I & II

Participants will learn to recognize and manage anxiety and stress through awareness of their personal signs and triggers. This course will explore beginning cognitive and behavioral strategies, and relaxation tools that work to develop their confidence by learning and practicing appropriate behavioral responses.

**MAAS I & II** | **Mon. & Tues.** | **9:30am - 11:30am** | **\$2180**

### MOVING ON WITH FRIENDSHIP I & II

For those with basic competency of friendship skills in less structured settings, this course teaches problem-solving, empathy, perspective-taking, dealing with bullies, non-verbal communication, hidden and unwritten rules of friendship, and more.

**MOWF I & II** | **Mon. & Tues.** | **9:30am - 11:30am** | **\$2180**

### SLICK SELF-CONTROL I & II

Participants increase their emotional and behavioral skills and motivation for exercising self-control over the desire to have their own way, to have everything be predictable, and to be right and win in every situation, so they can enjoy the long-term benefits of self-management in relationships and self-esteem.

**SSC I & II** | **Wed. & Thurs.** | **9:30am - 11:30am** | **\$2180**

### SOCIAL UNDERSTANDING AND SELF-MANAGEMENT I & II

This course addresses areas of social cognition and skills, perspective-taking, social appropriateness, and social boundaries. Participants will become very familiar with the idiom "Put Yourself in Someone Else's Shoes" and how to do so in a variety of situations. Participants will also use the 5-Point Scale to examine the social appropriateness of their behaviors.

**SUSM I & II** | **Wed. & Thurs.** | **9:30am - 11:30am** | **\$2180**

## Tweens, Teens & Young Adults

For all tweens, teens and young adult groups the activity fees are included in the cost of the tuition.

### CRACKING CURRENT COMMUNICATION CODES I

This is a course designed around the concept of non-verbal language; most estimations state that only 15% of our communication is through the words we say. For those on the spectrum, learning body language, tone, volume, proximity, non-verbal cues, facial expressions and more is vital to social success.

**Kids Chat n' Chill: CCCI** | **Wednesday** | **12:30pm - 3:30pm** | **\$1640**

### DEVELOPING RELATIONSHIPS THROUGH COMMUNICATION I

This course explores the reasons, components, and strategies for "Starting a Friendship" while developing social understanding and social thinking skills to enhance the effectiveness of the communication used to start and develop relationships. In addition, this group will learn and practice a variety of social and conversational responses, reasons and purposes for different types of conversation, communication strategies for getting to know others, and a system for determining conversational topics, language choices, and styles.

**Young Adults Group: DRTC I** | **Monday** | **12:30pm - 4:30pm** | **\$2100**

### EMPLOYMENT TRANSITION CONNECTIONS: FARMERS MARKET

Participants will be introduced to employment skills specific to managing relationships with coworkers, appropriate job site behavior, and time management. Participants will work as a team to create, market, and sell a product at the Excelsior Farmer's Market. The course is structured in 8 sessions of direct instruction; skill building through group work and role play; and product preparation; and 7 weeks of facilitated employment on site at the Excelsior Farmer's Market.

**ETC: FM** | **Tuesday** | **1:30pm - 5:30pm** | **\$2330**

### FORMULAS FOR SOCIAL SUCCESS II

This course focuses on the core of social success-honoring others' perspectives. Both the skills and motivation necessary to do so are developed with a focus on making good impressions, establishing a positive reputation, thinking of others, what others think of them and respect for authority and self.

**Teens Talk Teen Rock: FFSS II** | **Thursday** | **12:30pm - 4:30** | **\$2100**

### PEER RELATIONSHIPS I

This course is ideal for the child/teen in need of practice dealing with both friendly and non-friendly peers. Responsibilities of self and peers are explored as well as relationship maintenance, conversation skills, sarcasm, conflict and more.

**Kids Chat n' Chill: PR I** | **Monday** | **12:30pm - 3:30pm** | **\$1640**

### MANAGING ANXIETY AND STRESS FOR MIDDLE SCHOOL I

Participants will expand their insight and ability to recognize and manage anxiety and stress through awareness of their personal signs and triggers. Focusing on situations and stressors specific to middle schoolers, this course will explore a wide variety of cognitive and behavioral strategies, and relaxation techniques that work to develop confidence, while strengthening their ability to enter situations with assurance that they will prevail with healthy emotional and behavioral responses.

**Kids Chat n' Chill: MAASM I** | **Thursday** | **12:30pm - 3:30pm** | **\$1640**

### SOCIAL BOUNDARIES AND SELF-MANAGEMENT I

Adapted from Kari Dunn Buron's A 5 is Against the Law! book and including Michelle Garcia Winner's work, this dynamic course facilitates dramatic changes in social and behavioral success by providing a framework that guides social thinking, self-management, perspective taking, and vital unwritten social expectations and rules.

**Teens Talk Teens Rock: SBSM I** | **Tuesday** | **12:30pm - 4:30pm** | **\$2100**

### Navigating College I

Making the jump to college life is an enormous change. This course, written by a WMLC alumni, is designed to help prepare participants for post-secondary education and the challenges and unwritten rules they will face, while holding them to college-level behavior expectations. Topics include: getting to know the campus, requesting accommodations, stress management, roommates, professor expectations, college social life and much more.

**Transition to College: NC I** | **Wednesday** | **12:30pm - 4:30** | **\$2100**

### MEET & MINGLE

This group is designed for high school graduates up to the age of 30. It is completely driven by participant ideas and plans and requires a West Metro staff recommendation to join. This group offers a great opportunity for skill growth in a mature and collaborative environment.

**Meet & Mingle** | **Thursday** | **5:00pm - 9:00pm** | **\$1080**